

# The church of My Ego, part 1

All the great religions teach us that we are part of something bigger: part of a church, a community, or that we are interconnected with the whole of creation. We are often taught to put aside our own needs and desires and think and act in the name of some greater good or higher power.

But the starting point of our view of the world and our forays into it is always the individual: the ego. That word has grown to have a negative connotation through the term “egotistical” or “egomaniac”. But “ego” need not be a negative concept; it is the very soil in which we grow.

As the ego is the innermost, the most stable core of each individual consciousness, the ego of God is the innermost, stable core of the universe. But both the core of humankind and the core of God are not stable at all: they will remain unstable as long as God’s ego isn’t fully stable and our egos, as the parts of God’s ego, are not stable over the course of time, evolution and creation.

The ego must be intact and healthy before we can start to understand and interact with the rest of the world. If it is stunted or damaged, we cannot be of any positive use to anyone else.

